

Let's Draw

Purpose/Benefits:

This activity focuses on communication and listening skills. It explores what it feels like to communicate effectively or not so effectively in interpersonal relationships with friends, a teacher, parents, chapter members, etc.

Energy Level:

Low – participants will remain seated and interact with only one person.

Settings/Materials Needed:

- Even number of participants (pair them up)
- Sheets of paper with 4 designs with a blank piece of paper on top (one for each pair)
- Blank paper
- Pencils
- Timer
- Chairs back to back

Method:

This exercise is played in pairs. Pick a partner and turn your chairs back to back. **Player A** will give directions. **Player B** will be drawing. During the first period, **Player A** will give directions to **Player B** to draw all four pictures.

THERE WILL BE NO DISCUSSION DURING THIS TIME.

Player A is the *only* one speaking. Give **Player B** two minutes or so to complete the drawings. When completed *do not* show **Player B** the actual pictures.

Repeat the game.

Again, **Player A** will give directions to **Player B** to draw all four pictures again. **During the second time period there can be 2-way communication/discussion between the players to achieve the goal.**

- If time is of the essence this can be adapted by choosing only one object for the pairs to draw instead of all four.

Debriefing Questions:

- What did you learn from the exercise?
- What happens when only one person is able to direct or be in control?
- What was it like when you worked as a team?
- What did your partner do or say that was helpful, or not so helpful?
- Was it frustrating to be **Player A** or **Player B**? Why or why not?

Attachments:

See the next page for the “**Let’s Draw**” worksheet.
Create simpler drawings for younger ages.

Let's Draw - Worksheet

