

GROUP SCULPTURE

Purpose/Benefits:

This activity focuses on communication and decision making skills. This teambuilding activity will give group members an opportunity to work together as a team.

Energy Level: *High!*

Participants will need a lot of space to move around in this activity.

Settings/Materials Needed:

- Groups of 8-12 people
- Words to spell out
- Judges



Method:

Divide the group into two or more teams with a minimum of (8-12 in each) with close to equal numbers on each team. Have the teams stand in their own space with enough room to move around (outside is best). Explain to the teams that you are going to say a word and each team will need to spell that word out with their bodies. Each player of the team will have to be a part of that word. Have the facilitator and one or two other people be the judge of who finishes first with the word spelled correctly (*example words: leadership, teamwork, change, difference*).

Discussion Questions:

- ✳ How hard was it for the group to spell out the words?
- ✳ How did the group decide on how to use everyone to spell out the words? Did any leaders emerge? How were they chosen?
- ✳ Did you feel pressure by having another team to compete against?
- ✳ Did the decision making process on how to form your words change from the first word to spell the second or third?
- ✳ What kinds of things made this task difficult to do?
- ✳ Did any of you become frustrated during this activity? Why?
- ✳ How did you handle your frustration?
- ✳ What can this activity teach us about working together?
- ✳ What can this activity teach us about group decision making?
- ✳ What can this activity teach us about solving problems?
- ✳ What can this activity teach us about communication?