

# Five Fingers

## ***Purpose/Benefits:***

The general purpose of this activity is to acquaint the new and returning FNL chapter members with one another. It is a way for chapter members to learn things about each other.

## ***Energy Level:***

Low/Moderate – Movement is not mandatory. The amount of participation is completely up to chapter members.

## ***Settings/Materials Needed:***

It would be helpful to have the members seated in a circle so each individual can make eye contact. There are no other materials needed for this activity.

## ***Method:***

Have each student give the following information using the 5 fingers on their hand as a prompt.

*Thumb* – Name something you're good at

*Pointer* – Say where you're headed in life, what you'd like to be when you grow up

*Middle* – Tell others something that makes you happy

*Ring* – Name someone or something special to you

*Pinky* – State something to remember you by

