

BOUNDARY BREAKING

Purpose/Benefits:

The general purpose of this exercise is to have participants express their opinions and to find similarities and differences amongst them. This can provide an opportunity to discuss key issues concerning the chapter.

Energy Level: *Low!*

This activity will involve minimal movement.

Settings/Materials Needed:

Area needs to be large enough where paired participants, standing in two circles, are able to face each other. Each circle can have 10 to 15 participants (it may be necessary to break up participants into more than one group). The facilitator will need the handout, *Boundary Breaking Questions*, for this activity.

Method:

Ask participants to pair up. If there is an odd number, the facilitator needs to participate. Each paired participants will decide who will be in group **A** and who will be in group **B**. Group **A** makes a circle. Group **B** makes a circle around the **A** circle. Ask group **A** and **B** to face each other. At this point there should be an inner circle (group **A**), an outer circle (group **B**), with both circles facing each other and with the same number of participants in each circle.

The facilitator asks a question from the *Boundary Breaking Questions* sheet. Let participants know they each have 60 seconds to answer the question. Group **A** (inner circle) always answers the question first. Group participant **A** responds with their answer to the question with the group **B** participant standing in front of them. The **B** participant then responds back with their answer to **A**. Before the next question is asked, the facilitator will ask group **B** to move a designated number of people to the left (e.g., "group **B** move two people to the left" or "group **B** move four people to the left"). After group **B** has moved, the facilitator asks the next question.

In order to make this team building exercise work the outer circle (**B**) must be asked to move so that for every question asked group participant **B** will be standing in front of a new group **A** participant.



BOUNDARY BREAKING QUESTIONS

1. When you hear the word "reality" what comes first into your mind?
2. What is the most significant book you have ever read?
3. What physical thing do you want to build more than anything else?
4. What is the most honest thing you have ever known?
5. What is the most entertaining movie you ever saw?
6. What is the most beautiful quality about people?
7. What do you like to do most with a free hour?
8. What is the most overwhelming thing you know?
9. What is the greatest problem in the United States?
10. What thing makes you humble?
11. If you could choose to be an animal other than a human, what animal would you be?
12. If you could smash one thing, and only one thing, what would you smash?
13. What is the greatest crime one man can commit towards another?
14. If you tape record the ugliest thing you know, what would it be?
15. Choose a word which best describes your total life up to this moment.
16. What do you think of when you think of tragedy?
17. When do you sense being most alive?
18. What television show do you like the most?
19. Choose a word which you feel describes old people.
20. What is the biggest waste you know of?
21. What future discovery do you most anticipate?
22. What do you love the most?
23. When you think of children less than three years old, what comes to mind?
24. Give another word for God.
25. What one day in your life would you like to live over?
26. What is the most powerful force in the world today?
27. What is the best thing your chapter has ever done?
28. What three things would you change in your school?
29. What is the worst thing your chapter has ever done?
30. What is most valuable about the work your chapter does in the school?
31. What kind of leadership makes a difference in the world?